

# More Than Hearing Worksheet

## Episode: Ephesians 4:1-16

### Text

I therefore, the prisoner in the Lord, **beg you** to **lead a life worthy** of the calling to which you have been called, 2 with **all humility and gentleness, with patience, bearing with one another in love**, 3 making every effort **to maintain the unity of the Spirit in the bond of peace**. 4 There is one body and one Spirit, just as you were called to the one hope of your calling, 5 one Lord, one faith, one baptism, 6 one God and Father of all, **who is above all and through all and in all**.

7 But each of us was **given grace** according to the measure of Christ's gift. 8 **Therefore it is said**,

“When **he ascended on high** he made captivity itself a captive; he gave gifts to his people.”

9 (When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? 10 He who descended is the same one who ascended far above all the heavens, **so that he might fill all things**.) 11 The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, 12 to equip the saints for the work of ministry, **for building up the body of Christ**, 13 until all of us come to **the unity** of the faith and of the knowledge of the Son of God, to **maturity**, to the measure of **the full stature** of Christ. 14 We must no longer be children, **tossed to and fro** and **blown about by every wind** of doctrine, **by people's trickery, by their craftiness in deceitful scheming**. 15 But **speaking the truth in love**, we must **grow up** in every way into him **who is the head**, into Christ, 16 from whom **the whole body, joined and knit together by every ligament with which it is equipped**, as each part is working properly, promotes **the body's growth** in building itself up **in love**.

Word - B, Eye - S, Body - B, Music - B, Nature - B, People - B, Self - S

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
Word - Verbal/Linguistic MWD		Vs. 14 - Crossword clue: “sign of being blown about” 8 letters. [WINDBURN] (Throw a little <b>BODY</b> smart around that one)	Vs. 1 - what mental image comes to mind with the phrase “prisoner of the lord?” (Some <b>EYE</b> and <b>SELF</b> mixed in)
Eye - Visual/Spatial D2			Make a large (poster-board-size?) cutout of ... a church or a body or just a rectangle. Cut it into different parts,

			<p>and label them with different ministries and programs within the church - worship, mission, fellowship, education, administration, compassion, leadership, etc. Invite a volunteer to come forward to help you display the pieces. As you describe each one and its place in the church, hand it to your assistant. Keep handing her more and more pieces, insisting that she display them properly, fitting in the right places (which becomes increasingly impossible). When it becomes completely unmanageable, talk about how no one person can hold all the church together. Then invite as many people as you have pieces to come up and each hold one in place, equipping the saints and maintaining the bond of unity.</p> <p><i>EYE for visuals and spatial relations</i>  <i>Also PEOPLE for implicit and explicit interconnectedness</i></p>
Math - Logical/Mathematical			
Body - Kinesthetic MWD		<p>Vs. 13 - Do you know kids who have grown up into teenagers who have grown up into adults who come to look more and more like their parent? Talk about this phenom, and its parallel, how we are all to grow up to be like Christ.</p>	<p>⇐ Invite such a former-kid and parent to join you. Bring pictures of the kid's development into maturity.</p> <p><a href="#">Don't Forget Leg Day</a>, a meme for building up the</p>

			<p>body of Christ</p> <p>Do some interpretive movement, especially for vss. 1-6; but you could do the whole thing. Get several youth or other folk to help, doing some motions all together and others individually for emphasis. <i>See below</i></p>
<p>Musical</p> <p>D2</p>		<p><a href="#">One Bread, One Body</a></p> <p>We Are One in the Spirit</p> <p>In Christ There is No East or West</p> <p>The <a href="#">Oremus Hymnal</a> is defunct; too many copyright issues, BUT the lectionary list is up. The links are dead, but the list is there!! This link takes you to Year B so SCROOOOOOOOOOOOOOO OOOOOOLLLLLLLLLLLLLL down to the date.</p> <p>Check out <a href="#">Singing From the Lectionary</a> for this Sunday's options! Scroll down to Ephesians...</p>	<p>While reading the passage, have everyone clap once every time the word "one" is used. Two quick claps or say "Thank you" for each of the gifts. Add similar things if you find other patterns that work. Like a slide whistle sound for anything having to do with "growth." It might help to have cue cards for the people, which would be <b>EYE</b> or <b>WORD</b> smart. <i>See below.</i></p>
<p>Natural</p> <p>MWD</p>		<p>V. 15-16 <a href="#">Here's an article</a> (or is it an ad?) about hip dysplasia in dogs. This would be an example of a body in which all the joints and ligaments are not working properly. If you prefer, use a different condition or a different species or both. <i>See also BODY</i></p> <p>Vs. 14 - Windmills and their many uses!!</p>	<p>Vs 14 - Find some pictures of recent wind storms, showing the power in them. Or a boat on a windblown sea.</p>

<p>People - Interpersonal</p> <p>D2</p>		<p>If you have done a survey of the spiritual gifts with your fellowship, this would be a good time to reflect on the results.</p> <p>If you have NOT done a spiritual gifts survey, this would be a good time to look into doing one!</p> <p>Are there ways this passage about bringing variety together into unity through Christ could have ANYTHING to say to today's ... oh, I don't know.... political context? How does "speaking the truth in love" connect with this?</p>	<p>← Take some time to group your folks based on their survey results and reflect how this passage inspires service already being done in your congregation or how it might spark new ideas. If there is a lot of energy around something, make note of it and share it with your leaders!</p>
<p>Self - Intrapersonal</p> <p>MWD</p>			<p>Do you know what your spiritual gifts are?</p> <p>Do you understand how you fit into your congregation's work of ministry?</p> <p>Do you think of yourself as one of the saints?</p> <p>Are you actively striving to build up the body of Christ in your congregation and larger community?</p> <p>If not, why not?</p>

## MUSIC Smart Cues:

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, 2 with all humility and gentleness, with patience, bearing with one another in love, 3 making every effort to maintain the **unity** of the Spirit in the bond of peace. 4 There is **one** body and **one** Spirit, just as you were called to the **one** hope of your calling, 5 **one** Lord, **one** faith, **one** baptism, 6 **one** God and Father of all, who is above all and through all and in all.

7 But each of us was given grace according to the measure of Christ's **gift**. 8 Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave **gifts** to his people."

9 (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? 10 He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) 11 The **gifts** he gave were that some would be **apostles**, some **prophets**, some **evangelists**, some **pastors** and **teachers**, 12 to equip the saints for the work of ministry, for **building up** the body of Christ, 13 until all of us come to the **unity** of the faith and of the knowledge of the Son of God, to **maturity**, to the measure of the **full stature** of Christ. 14 We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. 15 But speaking the truth in love, we must **grow up** in every way into him who is the head, into Christ, 16 from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes **the body's growth** in **building itself up** in love.

## Ephesians 4:1-16 Interpretive Movement

I therefore, the prisoner in the Lord,

Chained hands

beg you to lead a life

Make a path with hands

worthy of the calling to which you have  
been called,

Reaching up, pulling down into heart

with all humility

Hands across chest, head bowed

and gentleness,

I dunno, something gentle....

with patience,

Waiting...

bearing with one another in love,

Hugs...

making every effort to maintain  
the unity of the Spirit

Hands come slowly together

in the bond of peace.

Clasped hands

There is one body

1, indicate your body

and one Spirit,

1, wispy hands upward, indicating a spirit

just as you were called to the one hope of  
your calling,

Either taking a phone call, or reaching out  
in hope

one Lord,

1, "L" sash, as in ASL

one faith,

1, hand over heart

one baptism,

1, make like water dripping from your head

one God and Father of all,

1, gesture grandly toward heaven

who is above all

Both hands searching the top shelf

and through all

Both hands pushing through the tall grass

and in all.

Both hands pouring into yourself