

More Than Hearing Worksheet

Episode: CEpiphanyx2018

Texts: Isaiah 60:1-6; Psalm 72:1-7, 10-14; Ephesians 3:1-12; Matthew 2:1-12

BODY Smart

Bodily-Kinesthetic [Intelligence is] the ability to use one's whole body, or parts of the body (like the hands or the mouth), to solve problems or create products (e.g. dancer). – From <http://multipleintelligencesoasis.org>

In the church's worship life, this may find expression in taking different postures – standing, kneeling, lifting hands – and in liturgical expressions like handling and consuming the communion elements, passing the peace, liturgical dance or interpretive movement, etc.

In other parts of the church's life, folks who are strong with this intelligence may enjoy work projects inside or outside the building or in mission outreach - yard work, building maintenance, or organizing items for a food pantry, etc., or perhaps in playing games during recreation in children's or youth ministry.

Text: Isaiah 60:1-6

- Arise, shine; for your light has come,
and the glory of the Lord has risen upon you.
- 2 For darkness shall cover the earth,
and thick darkness the peoples;
but the Lord will arise upon you,
and his glory will appear over you.
- 3 Nations shall come to your light,
and kings to the brightness of your dawn.
- 4 Lift up your eyes
and look around;
they all gather together,
they come to you;
your sons shall come from far away,
and your daughters shall be carried on their nurses' arms.
- 5 Then you shall see and be radiant;
your heart shall thrill and rejoice,
because the abundance of the sea shall be brought to you,
the wealth of the nations shall come to you.
- 6 A multitude of camels shall cover you,
the young camels of Midian and Ephah;
all those from Sheba shall come.
They shall bring gold and frankincense,
and shall proclaim the praise of the Lord.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
<p>Kinesthetic</p>		<ul style="list-style-type: none"> • Vs. 1-3 – Those nights when you’ve had a lousy day/week/year, and you go to bed exhausted in body and spirit, but somehow, when you wake up and the sun is shining you feel better and have hope again. The light of morning seems to renew your body as well as your mind. • Vs. 4 – Feeling antsy and restless when you have important company coming, and you can’t sit still. 	<ul style="list-style-type: none"> • Interpretive movement for reading the passage <ul style="list-style-type: none"> - Shining: hands up and away - Darkness: hands covering head - Looking up.... - Gathering.... - Rejoice: dancing or fist pump - ... shall come/bring... • Invite the congregation to wave their hands over their heads every time they hear a word that has to do with light: shine, brightness, glory, light, etc.

Text: Psalm 72:1-7, 10-14

- 1 Give the king your justice, O God,
and your righteousness to a king's son.
- 2 May he judge your people with righteousness,
and your poor with justice.
- 3 May the mountains yield prosperity for the people,
and the hills, in righteousness.
- 4 May he defend the cause of the poor of the people,
give deliverance to the needy,
and crush the oppressor.
- 5 May he live while the sun endures,
and as long as the moon,
throughout all generations.
- 6 May he be like rain that falls on the mown grass,
like showers that water the earth.
- 7 In his days may righteousness flourish and peace abound,
until the moon is no more.
- 10 May the kings of Tarshish and of the isles render him tribute,
may the kings of Sheba and Seba bring gifts.
- 11 May all kings fall down before him,
all nations give him service.
- 12 For he delivers the needy when they call,
the poor and those who have no helper.
- 13 He has pity on the weak and the needy,
and saves the lives of the needy.
- 14 From oppression and violence he redeems their life;
and precious is their blood in his sight.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
Kinesthetic	Defend the poor, deliver the needy, redeem victims of oppression and violence	Here is a story about and interview with a nun in India who helps rescue women in abusive relationships. What must it feel like to be afraid for your wellbeing, afraid of being physically hurt – beaten, tortured, or raped – and then to have someone give you a safe place to live?	Ask people to assume a posture that suggests: <ul style="list-style-type: none"> ● Poverty ● Weakness ● Need ● Being oppressed ● Suffering violence Next ask them to assume a posture that suggests: <ul style="list-style-type: none"> ● Righteousness ● Justice ● Deliverance ● Peace

		<p>Here is another story of a life turned around from crime and violence by someone offering a different vision.</p>	<ul style="list-style-type: none">• Spring showers• Redemption <p>Use some or all of each category, as seems good, but the idea is to experience the contrast in your BODY</p>
--	--	--	--

Text: Ephesians 3:1-12

This is the reason that I Paul am a prisoner for Christ Jesus for the sake of you Gentiles— 2 for surely **you have already heard** of the **commission of God’s grace** that was given me for you, 3 and how the **mystery** was made known to me **by revelation, as I wrote above in a few words,** 4 **a reading of which** will enable you **to perceive my understanding of the mystery** of Christ. 5 In former generations this **mystery** was not made known to humankind, as it has now been **revealed** to his holy apostles and prophets by the Spirit: 6 that is, the Gentiles have become fellow heirs, **members of the same body,** and **sharers in the promise** in Christ Jesus through the gospel. 7 Of this gospel I have become a servant according to the gift of God’s grace that was given me by the working of his power.

8 Although **I am the very least of all** the saints, this grace was given to me **to bring to the Gentiles** the news of **the boundless riches** of Christ, 9 and **to make everyone see** what is the **plan of the mystery hidden for ages** in God who created all things; 10 so that through the church the wisdom of God in its rich variety might now be made known **to the rulers and authorities in the heavenly places.** 11 This was in accordance with the eternal purpose that he has carried out in Christ Jesus our Lord, 12 in whom we have access to God **in boldness and confidence** through faith in him.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
Kinesthetic	Revealing a mystery	<p>V. 3 – Do you remember the physical sensations of Christmas morning as a kid, tearing into wrapped presents? Maybe that’s what Paul felt like when the Mystery was revealed to him.</p> <p>Superheroes suddenly discovering their powers when their bodies start doing weird things on their own: Peter Parker becoming Spider-Man</p>	<p>← Have a large box wrapped with Christmas paper and bow sitting visibly in the front, perhaps on the communion table. Use it to refer to the mystery. Ultimately, tear it open and reveal ... the communion elements inside!</p> <p>For added fun, have several layers of hiddenness – the elements on a covered tray, inside the box, wrapped in paper, with a drape over top.</p> <p>BODY for pulling off the layers of cover</p>

Text: Matthew 2:1-12

In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, 2 asking, "Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage." 3 When King Herod heard this, he was frightened, and all Jerusalem with him; 4 and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born. 5 They told him, "In Bethlehem of Judea; for so it has been written by the prophet: 6 'And you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who is to shepherd my people Israel.'" 7 Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. 8 Then he sent them to Bethlehem, saying, "Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage."

9 When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until it stopped over the place where the child was. 10 When they saw that the star had stopped, they were overwhelmed with joy. 11 On entering the house, they saw the child with Mary his mother; and they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh. 12 And having been warned in a dream not to return to Herod, they left for their own country by another road.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
Kinesthetic		<p>Vs. 3 – what does it feel like in your body to receive bad news?</p> <ul style="list-style-type: none"> ● "Blood runs cold" ● "Sinking feeling in the pit of your stomach" ● "Blood drains from your face", which sounds much more graphic than it is ● "Knees get weak" ● "Punch to the gut" <p>Vs. 10 – what does it feel like in your body to be overwhelmed with joy?</p> <ul style="list-style-type: none"> ● "Walking on air" ● "Heart about to burst" ● "Weeping for joy" 	<p>Replay the scene from your Christmas pageant. Have some "wise men" in costume walk up the aisle, asking people where to find the newborn king of the Jews, then crossing to center, kneeling, and offering their gifts at the altar.</p> <p>This may be before or during the reading, or between the reading and the sermon, or during the sermon.</p> <p><i>BODY for identifying with their motion and handling of treasures.</i></p>

- | | | | |
|--|--|---|--|
| | | <ul style="list-style-type: none">• "Jumping for joy"• "Smiling from ear to ear"• "Transported" | |
|--|--|---|--|