

# More Than Hearing Worksheet

Episode: COrd4x2019

Texts: [Jeremiah 1:4-10](#) • [Psalm 71:1-6](#) • [1 Corinthians 13:1-13](#) • [Luke 4:21-30](#)

## BODY Smart

Good with movement, whether large or small motor skills, like athletics, dance, jewelry making. (Diana Waring)

This is the ability to use one's body through touch and movement to accomplish what is desired. It includes being able to process knowledge through bodily movement or through sensation, enjoying physical activity, and being constantly in motion even while sitting down. This person needs to move!

**Text: Luke 4:21-30**

21 Then he began to say to them, "Today **this scripture has been fulfilled in your hearing.**"  
 22 **All spoke well of him** and were **amazed** at the **gracious words that came from his mouth.** They said, "**Is not this Joseph's son?**" 23 He said to them, "Doubtless you will quote to me this **proverb**, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that **we have heard** you did at Capernaum.'" 24 And he said, "Truly I tell you, **no prophet is accepted in the prophet's hometown.** 25 But the truth is, there were many widows in Israel in the time of Elijah, **when the heaven was shut up three years and six months, and there was a severe famine over all the land;** 26 **yet** Elijah was sent to none of them except to a widow **at Zarephath in Sidon.** 27 There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." 28 When they heard this, all in the synagogue were **filled with rage.** 29 They **got up, drove him out of the town,** and led him to **the brow of the hill** on which their town was built, **so that they might hurl him off the cliff.** 30 But he passed through the midst of them and went on his way.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
<p><b>BODY -</b>  <b>Bodily/Kinesthetic</b></p>	<p>Filled with rage</p>	<p>Vss. 28-29 – The adrenaline dump of anger: <a href="#">Here's an article</a> on the psychology of anger that includes a section on the physiology of anger. It includes adrenaline and noradrenaline, which increase heart and breath rates and muscle tension in preparation for</p>	

engagement. It tends to be a quick windup and a slow wind down.  
[Here is another article](#) that goes into a little more depth about the physiology of the anger response.  
(There is some overlap between the two articles)

Think of a time when you got really angry, like, angry enough that violence was on your mind, if not in your hands. By way of illustration, you might use anger at an inanimate object, such as a computer or car or plumbing. I can admit to wanting to smash my iPad against the edge of my desk to make sure that it's screen, frame, and circuits would snap in half because it is slow and increasingly unreliable with age. I'm not proud of that, but it exists within me. Most of us have had some similar experience, right? Right? Any way, the feeling that goes along with that is what the above articles describe – a quick ramp up to unthinking desire for swift, violent action against the offender, with accelerated metabolics and sometimes shouting bad things.

Literary example is the [Hulk](#) / [Incredible Hulk](#)

**Text: 1 Corinthians 13:1-13**

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. 2 And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. 3 If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing.

4 Love is patient; love is kind; love is not envious or boastful or arrogant 5 or rude. It does not insist on its own way; it is not irritable or resentful; 6 it does not rejoice in wrongdoing, but rejoices in the truth. 7 It bears all things, believes all things, hopes all things, endures all things.

8 Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. 9 For we know only in part, and we prophesy only in part; 10 but when the complete comes, the partial will come to an end. 11 When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. 12 For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. 13 And now faith, hope, and love abide, these three; and the greatest of these is love.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
<p>BODY - Bodily/Kinesthetic</p>		<p>Physiology of love: <a href="#">Here's an article</a> on the various stages of love in relationship from twitterpated to long term commitment. In the long term, endorphins lead to a sense of tranquility and wellbeing, as opposed to the high-revving cortisol and adrenaline of early romance.</p> <p>[<a href="#">Another article</a> on physiology of emotion that might be useful. <a href="#">A pptx presentation</a> on brain chemistry and love.]</p>	<p>Invite the congregation to join in doing some hand signs or motions on key words. For example...</p> <p><b>Love</b> - give yourself a hug or make "<a href="#">hand hearts</a>"</p> <p><b>Tongues</b> - a finger proceeding from the lips (<a href="#">ASL2 "Speak"</a>)</p> <p><b>Faith</b> - Thump your heart</p> <p><b>Prophecy</b> - "hold" something in your hand, up and to the side; look at it like it's the future</p> <p><b>Knowledge</b> - pop your index finger up from the side of your head, like an idea, a lightbulb going on</p> <p>Here are a couple people (<a href="#">1</a>, <a href="#">2</a>) signing the middle section, if that helps. If</p>

			you have someone who can sign, let them do so as the passage is read.
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**Text: Psalm 71:1-6**

- 1 In you, O Lord, I take refuge;  
 let me never be put to shame.
- 2 In your righteousness deliver me and rescue me;  
 incline your ear to me and save me.
- 3 Be to me a rock of refuge,  
 a strong fortress, to save me,  
 for you are my rock and my fortress.
- 4 Rescue me, O my God, from the hand of the wicked,  
 from the grasp of the unjust and cruel.
- 5 For you, O Lord, are my hope,  
 my trust, O Lord, from my youth.
- 6 Upon you I have leaned from my birth;  
 it was you who took me from my mother's womb.  
 My praise is continually of you.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
<p>BODY - Bodily/Kinesthetic</p>	<p>Place of refuge</p>	<p>How many of your folks remember “<a href="#">Duck and Cover</a>” as a way to hide from an atomic bomb attack? The idea was to find as much refuge as possible as quickly as possible. Invite someone to tell their experience of duck and cover drills in school.</p> <p>Vs. 4 – <a href="#">Here’s a story</a> about a couple siblings who saved their baby brother from a kidnapper.  <a href="#">Here’s another story</a> of a foiled kidnapping.            And <a href="#">one more</a>.</p> <p><a href="#">Here’s a story/vid</a> about a woman who rescued a police officer (yes, that’s right)</p> <p><a href="#">Here’s a video</a> on how to defend and protect</p>	<p>⇨ If you know a martial arts practitioner or police officer, ask them to come talk about and show how to intercede if you see someone being abducted.</p>

		someone from attack. (Some adult language)	
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**Text: Jeremiah 1:4-10**

4 Now the word of the Lord came to me saying,

5 “Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations.”

6 Then I said, “Ah, Lord God! Truly I do not know how to speak, for I am only a boy.” 7 But the Lord said to me,

“Do not say, ‘I am only a boy’; for you shall go to all to whom I send you, and you shall speak whatever I command you.

8 Do not be afraid of them, for I am with you to deliver you, says the Lord.”

9 Then the Lord put out his hand and touched my mouth; and the Lord said to me,

“Now I have put my words in your mouth.

10 See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant.”

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
BODY - Bodily/Kinesthetic		Vs. 10 – Have you ever done a deconstruction project? Maybe it was just for renovating a room in your home or maybe it was on a mission project or mission trip. Describe the physicality of tearing down walls or ceilings or ripping up floors. I myself have been (slowly) working on deconstructing the shower in our bathroom. It’s too small a space for more than one person, so I get to pull the fiberglass panels off the ceramic	

		<p>tile underneath, then chisel the tiles off the drywall behind that. It's hard, especially for someone who spends most of his time sitting at a desk! I look forward to the day when I'll get to transition from pulling down to building up. No less exertion, probably, but psychologically better maybe.</p>	
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