

More Than Hearing Worksheet

Episode: BOrdinary21x2018

Text Ephesians 6:10-20

10 Finally, be strong in the Lord and in the strength of his power. 11 Put on the **whole armor** of God, so that you may be able to **stand** against the wiles of the devil. 12 For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the **cosmic powers** of this present darkness, against the spiritual forces of evil in the heavenly places.

13 Therefore take up the **whole armor** of God, so that you may be able to **withstand** on that evil day, and having done everything, to **stand** firm. 14 **Stand** therefore, and fasten the belt of truth around your waist, and put on the breastplate of **righteousness**. 15 As shoes for your feet put on whatever will make you ready to proclaim the gospel of **peace**. 16 With all of these, take the shield of **faith**, with which you will be able to quench all the flaming arrows of the evil one. 17 Take the helmet of **salvation**, and the sword of the Spirit, which is the **word of God**. 18 Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints.

19 Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Word - B, Eye - S, Math - I, Body - S, Music - I, Nature - I, People - B, Self - B

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
Word - Verbal/Linguistic	Shield of faith Helmet of salvation	Faith and salvation defined at Vocabulary dot com	Use one of these definitions when you pick up the shield of faith and put on the helmet of salvation. How does full trust in something or someone protect you? Act as a barrier to what might harm you? How does this trust “quench the flaming arrows of the evil one”? How does having salvation so close to your brain make it more effective?
Eye - Visual/Spatial	The whole armor! Belt of truth = that		Put on the armor!! <ul style="list-style-type: none"> • Belt = back support belt, tool belt, rock

	which circles the entire body; can attach other tools or safety ropes to it		<p>climber's harness, etc.</p> <ul style="list-style-type: none"> • Breastplate = baseball umpire, hockey or football pads, bulletproof vest, etc • Shoes = hiking boots, cleats, comfortable everyday shoes • Helmet = riding helmet, football or hockey helmet, motorcycle helmet, etc. • Shield = protest sign? Actual shield? • Sword = word of God; Bible or a cross
Math - Logical/Mathematical	The belt of truth	<p>Logical truth - a fundamental concept in logic. This is a statement that remains true under "all reinterpretations". The example given is this: "no bachelor is married" can also be "no unmarried man is married", using a synonym for "bachelor" in the second sentence.</p> <p>For Paul, the logical truth that girds us is "Jesus is Lord".</p>	
Body - Kinesthetic	Stand repeated throughout - makes me think of different "strong" poses in yoga		<p>Mountain or tadasana Warrior 1 or virabhadrasana 1 Warrior 2 or Virabhadrasana 2 Tree or vrkasana</p>
Musical		<p>Sing for Joy - music presented at St. Olaf College</p>	

		Many more options at Singing from the Lectionary .	
Natural	Cosmic power \neq dark energy in space but who knows? Paul might consider the two equivalent.	Here is an informative article on dark energy. This is the stuff that's "out there" expanding space. There is no moral agency about dark energy suggested here, but Paul seems to think that we are as surrounded by principalities and powers as we are this.	
People - Interpersonal	Breastplate of righteousness	<p>The definition and synonyms of the word "righteousness".</p> <p>Notice how many of the synonyms refer to the way a person relates to another. We don't know someone has integrity until we see how that person behaves towards others. We don't know if they are decent, good, or honest until we watch them interact.</p> <p><i>There is a strong WORD element in this illustration but depends a lot on PEOPLE interactions.</i></p>	<p>Discuss righteousness using this definition and these synonyms.</p> <ul style="list-style-type: none"> • Who comes to mind? • What did that person do? • What effect did their action have on your life?
Self - Intrapersonal	Peace shoes! Would this be slippers or walking shoes or something else that's super comfy and able to withstand some work?	<p>An article about peacemaking - the emphasis is on resolving conflict and restoring relationships.</p> <p>From the article: "Positive peace implies reconciliation and restoration through creative transformation of conflict. [...] a lawyer as peacemaker looks at conflict not just as an abstract, intellectual</p>	<p>Reflect on a time when conflict was resolved with reconciliation as a result.</p> <p>Just for fun, how many other words that begin with "r" can we put in that sentence? ;-)</p>

		exercise in analysis and persuasion, but as an opportunity to help people reconcile. When reconciliation is not possible, separation and resolution is possible with a minimum of hostility and acrimony.”	
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