More Than Hearing Worksheet

Episode: COrd6x2019

Texts: <u>Jeremiah 17:5-10</u> • <u>Psalm 1</u> • <u>1 Corinthians 15:12-20</u> • <u>Luke 6:17-26</u>

SELF Smart

Working from Diana Waring and Howard Gardner on Intrapersonal Intelligence:

SELF smart people understand their own interests, goals. They're in tune with their inner feelings; they have wisdom, intuition and motivation, as well as a strong will, confidence and opinions. They enjoy being alone, working independently, and relying on self-motivation. This person needs solitary time in order to think. They are self aware, understand their own strengths, and are likely to be a pioneer, an entrepreneur, or a risk taker. I suspect they may be natural leaders, but likely are indifferent to whether anyone actually follows.

Text: Luke 6:17-26

17 He came down with them and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon.

18 They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. 19 And all in the crowd were trying to touch him, for power came out from him and healed all of them. 20 Then he looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God. 21 "Blessed are you who are hungry now, for you will be filled. "Blessed are you who weep now, for you will laugh. 22 "Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. 23 Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets. 24 "But woe to you who are rich, for you have received your consolation. 25 "Woe to you who are full now, for you will be hungry. "Woe to you who are laughing now, for you will mourn and weep. 26 "Woe to you when all speak well of you, for that is what their ancestors did to the false prophets."

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
SELF smart	μακάριοςThis is much more than contentment; it is an interior joy that becomes external, elation translated into shouts, songs, acclamations.	1) Vs. 17 → came down and stood on a level place I'm thinking of how adults will kneel or squat down to talk with a child; they lower themselves to their line of sight. As the child, you feel noticed	Using Hanson's argument that "blessing" is a value judgement, let's do a Marie Kondo like exercise. As you enter a room (house, work, school, church) look at the objects in the room and decide if it gives you joy. If

K.C Hanson argues that the Hebrew ashrê and the Greek makarios do not refer to ritual "blessings," as if they confer anything as a pronouncement that charm or curse someone, but are more like value judgments.

and taken seriously. As the adult, you notice and take seriously someone who is literally smaller than you. There's just something about being on the same horizontal plane that makes communication special.

2) verse 22 - "defame you" Mark Davis translates the Greek as "throw out your name as evil". This sounds much more nefarious than simply calling you a name; it suggests that you are being implicated as evil. Jesus was accused of trafficking with the devil and this may be what he was thinking about.

it does, label it "blessed".
You could even literally
label it with a post it note.
Which things give you
such internal joy you
would be inspired to write
a song about it?

2) The Greek word oual - translated as "woe" - is an interjection. In English, interjections are words inserted in communication that convey emotions. As you read vs. 25-26, add some umph to the word - you might actually wail - and see how that changes the emotional load for you.

Text: 1 Corinthians 15:12-20

12 Now if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? 13 If there is no resurrection of the dead, then Christ has not been raised; 14 and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. 15 We are even found to be misrepresenting God, because we testified of God that he raised Christ--whom he did not raise if it is true that the dead are not raised. 16 For if the dead are not raised, then Christ has not been raised. 17 If Christ has not been raised, your faith is futile and you are still in your sins. 18 Then those also who have died in Christ have perished. 19 If for this life only we have hoped in Christ, we are of all people most to be pitied. 20 But in fact Christ has been raised from the dead, the first fruits of those who have died.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
SELF smart	Hope has behavioral consequences. One might surmise that hopelessness does as well. " hope is better understood as a cognition that creates a certain mooda prolonged affective statelacking the immediacy and intensity of reflexive emotions yet capable of determining one's outlook on life." The Power of Hope and Recognizing When It's Hopeless, Psychology Today, 2011 For Paul, hope is in Jesus' resurrection. It happened! And will happen for us.	A placebo is a good example of a hopeful outcome. Some studies show that the stronger the expectation that the "drug" will have an effect, the more likely the "effect" will happen. The relationship between the patient and the caregiver also plays a part. The Power of Positive Thinking - a TED talk about reframing gains and losses. How we pay attention to the "loss" frame. Is is more difficult to move from loss to gain? How long does it take to do simple math?	← writing and rehearsing Good News will help you "do the work" of reframing your mindset. We tend to talk about the annoying and negative, which we then pay attention to, so spend the week making a positive inventory of your life. ESPECIALLY as you see God on the move in it.

Text: Psalm 1

Happy are those who do not follow the advice of the wicked, or take the path that sinners tread, or sit in the seat of scoffers;

- 2 but their delight is in the law of the LORD, and on his law they meditate day and night.
- 3 They are like trees planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all that they do, they prosper.
- 4 The wicked are not so, but are like chaff that the wind drives away.
- 5 Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;
- 6 for the LORD watches over the way of the righteous, but the way of the wicked will perish.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
SELF smart		Verse 1 - scoffer = scorner Cambridge Dictionary Scorn = a strong feeling that someone or something is of little or no worth and deserves no respect. At OpenDemocracy, author Nina Eliasoph, a sociology professor at USC, wrote an article called Scorn Wars: Rural White People and Us where she examines attitudes and assumptions that have divided some of the US population. She writes: "Feeling invisible and scorned, they want to turn the tables, to convince each other that 'the first shall be last;' and that they are the real	Verses 3-4 - Bring in two different plants; one that is healthy and well rooted in a pot and another that has dried up and is barely hanging on. I am a pro at this type of plant. Exhibit them prominently as you speak about being rooted in God's love and Word which nourishes us. If you have someone who knows a thing or two about plants, ask them what might be done to aid the suffering plant if it isn't too late.

folk, humble, hardworking, and full of gratitude, while we are self-important, ungrateful, lazy complainers."
While this divide seems deep, Eliasoph urges us to reject stereotypical thinking and learn to speak to "the other". The author of the Psalms urges us to look first to God, which grounds us in an eternal perspective of all humanity and creation.

Text: Jeremiah 17:5-10

Thus says the LORD: Cursed are those who trust in mere mortals and make mere flesh their strength, whose hearts turn away from the LORD. 6 They shall be like a shrub in the desert, and shall not see when relief comes. They shall live in the parched places of the wilderness, in an uninhabited salt land. 7 Blessed are those who trust in the LORD, whose trust is the LORD. 8 They shall be like a tree planted by water, sending out its roots by the stream. It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit. 9 The heart is devious above all else; it is perverse— who can understand it? 10 I the LORD test the mind and search the heart, to give to all according to their ways, according to the fruit of their doings.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
SELF smart	Bobby Morris, Working Preacher: "To the contrary, as a closer look at this pericope will reveal, Jeremiah provides an indispensable witness to the complex reality, difficulty, and often misguidedness of the human experience, as well as to a God who enters undeterred into and faces all the complexity and messiness thereof."	Verse 9 - The Hebrew word translated as "devious" or "deceitful" is also "tracked by footprints". This is an evocative image! Whose footprints are on your heart and in what condition have they left it? Verse 10 - prophetic response to the rhetorical question Jeremiah leaves us with a deep question - what is your heart condition - and then gives us hope that the results are not terminal. Also, that the physician, psychiatrist, psychologist who will be attending us is God.	1) We're just about to Valentine's day so go to the store and get hearts for this exercise. You can either get those candy hearts or heart stickers. Hand them out to everyone and ask them to consider the existential condition of their hearts. Identify the footprints on them and decide how you and God will deal with your condition. 2) The withered plant from the Psalm would also work here.