

More Than Hearing Worksheet

Episode: COrdinary 24x2019

Texts: Exodus 32:7-14 • Psalm 51:1-10 • 1 Timothy 1:12-17 • Luke 15:1-10

BODY Smart - D2

Strengths: Physical movement, motor control

Those who have high bodily-kinesthetic intelligence are said to be good at body movement, performing actions, and physical control. People who are strong in this area tend to have excellent hand-eye coordination and dexterity.

Characteristics of bodily-kinesthetic intelligence include:

Good at dancing and sports
Enjoys creating things with his or her hands
Excellent physical coordination
Tends to remember by doing, rather than hearing or seeing

If you're strong in bodily-kinesthetic intelligence, good career choices for you are:

Dancer
Builder
Sculptor
Actor

~ Kendra Cherry, [VeryWellMind](http://VeryWellMind.com)

Text: Exodus 32:7-14

7 The Lord said to Moses, "Go down at once! **Your people, whom you brought up out of the land of Egypt**, have acted perversely; 8 they have been quick to turn aside from the way that I commanded them; they have cast for themselves **an image of a calf**, and have worshiped it and sacrificed to it, and said, 'These are your gods, O Israel, who brought you up out of the land of Egypt!'

9 The Lord said to Moses, "**I have seen this people**, how stiff-necked they are. 10 Now **let me alone, so that my wrath may burn hot** against them and I may consume them; and of you I will make a great nation."

11 But **Moses implored the Lord his God**, and said, "O Lord, **why does your wrath burn hot against your people, whom you brought out of the land of Egypt with great power and with a mighty hand?** 12 Why should the Egyptians say, '**It was with evil intent** that he brought them out to kill them in the mountains, and to consume them from the face of the earth?' **Turn from**

your fierce wrath; **change your mind** and do not bring disaster on your people. 13 **Remember** Abraham, Isaac, and Israel, your servants, **how you swore to them by your own self**, saying to them, 'I will **multiply your descendants like the stars of heaven**, and all this land that I have promised I will give to your descendants, and they shall inherit it forever.'"

14 And **the Lord changed his mind** about the disaster that he planned to bring on his people.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
BODY		<p>Vs. 10 – Think about a time when you were the angriest you have ever been. What was that like in your body? My breathing got short. I stretched my frame up. My blood pressure went up to the point my vision actually took on a red tint - I literally saw red.</p> <p>Or maybe the many times I've gotten so angry at my technology that I've wanted/needed to hit something (I sometimes choose a chair cushion, for example, which I find is better than my desk.).</p> <p>SELF Smart follow up: What brought you back from the brink? (... assuming you got back from the brink.)</p>	Get a big lump of clay or a pile of sand or a big pillow or better yet, a punching bag – something that can take an impact without any harm, and as you talk about being angry enough to want to bust something up, punch that thing's lights out.

Text: Psalm 51:1-10

1 Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. 2 Wash me thoroughly from my iniquity, and cleanse me from my sin. 3 For I know my transgressions, and my sin is ever before me.

4 Against you, you alone, have I sinned, and done what is evil in your sight, so that you are justified in your sentence and blameless when you pass judgment.

5 Indeed, I was born guilty, a sinner when my mother conceived me.

6 You desire truth in the inward being; therefore teach me wisdom in my secret heart.

7 Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. 8 Let me hear joy and gladness; let the bones that you have crushed rejoice.

9 Hide your face from my sins, and blot out all my iniquities. 10 Create in me a clean heart, O God, and put a new and right spirit within me.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
BODY			

Text: 1 Timothy 1:12-17

12 I am grateful to Christ Jesus our Lord, who has strengthened me, because he judged me faithful and appointed me to his service, 13 even though I was formerly a blasphemer, a persecutor, and a man of violence. But I received mercy because I had acted ignorantly in unbelief, 14 and the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus.

15 The saying is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners—of whom I am the foremost. 16 But for that very reason I received mercy, so that in me, as the foremost, Jesus Christ might display the utmost patience, making me an example to those who would come to believe in him for eternal life. 17 To the King of the ages, immortal, invisible, the only God, be honor and glory forever and ever. Amen.

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
BODY			

Text: Luke 15:1-10

Now all the tax collectors and sinners were **coming near to listen to him**. 2 And **the Pharisees and the scribes were grumbling** and saying, "This fellow welcomes sinners and eats with them." 3 So he told them this parable:

4 "Which one of you, **having a hundred sheep and losing one of them, does not leave the ninety-nine in the wilderness and go after the one that is lost** until he finds it?

5 When he has found it, **he lays it on his shoulders and rejoices**. 6 And when he comes home, **he calls together his friends and neighbors**, saying to them, 'Rejoice with me, for I have found my sheep that was lost.'

7 Just so, **I tell you**, there will be **more joy** in heaven over **one sinner who repents** than over **ninety-nine righteous persons who need no repentance**.

8 "Or what woman having ten silver coins, if she loses one of them, does not **light a lamp, sweep the house, and search carefully** until she finds it? 9 When she has found it, **she calls together her friends and neighbors**, saying, 'Rejoice with me, for I have found the coin that I had lost.'

10 Just so, **I tell you**, there is **joy** in the presence of the angels of God over **one sinner who repents**."

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
BODY		Have you ever lost a child in a crowd? [We've talked about this before.] Describe what that is like in your body. We lost our son at Disneyworld™ once when he was 3 for about half an hour. My senses became more acute. My heart started to race. I had a sinking feeling as all my strength seemed to flow down and out through my feet, and all my blood with it. Meanwhile, panic seemed to flow upward to fill the void. My thoughts raced to terrifying futures, and my thoughts in the present became	Pull out a coin and toss it somewhere randomly. Then, pull out a broom and search for it.

		<p>muddled. Because of the well-trained staff, we were able to keep control and make a search, and our son was found and returned safely to us. Nevertheless, the memory of those moments still can overwhelm me with fear and dread.</p>	
--	--	---	--