

More Than Hearing Worksheet

Episode: ALent2x2020

Text: Psalm 121

Assurance of God's Protection

A Song of Ascents.

1 I lift up my eyes to the hills—

from where will my help come?

2 My help comes from the Lord,

who made heaven and earth.

3 He will not let your foot be moved;

he who keeps you will not slumber.

4 He who keeps Israel

will neither slumber nor sleep.

5 The Lord is your keeper;

the Lord is your shade at your right hand.

6 The sun shall not strike you by day,

nor the moon by night.

7 The Lord will keep you from all evil;

he will keep your life.

8 The Lord will keep

your going out and your coming in

from this time on and forevermore.

Eye - I, Math - I, Body - B, Music - B, Nature - B

Smarts	Images in the text/ interesting exegesis	Illustrations	SFX
Word - Verbal/Linguistic <i>Strengths</i> <i>Characteristics</i> <i>Expression</i>			
Eye - Visual/Spatial MWD <i>Strengths</i>	See this article by Kelvin St. John that “walks” us to Jerusalem. (also a <i>BODY smart</i> element)	Vss. 5-6 – “Solar shades” help block sunlight, reducing glare and heat, while still allowing you to see outside.	

<p><i>Characteristics Expression</i></p>			
<p>Math - Logical/Mathematical</p> <p>D2</p> <p><i>Strengths Characteristics Expression</i></p>		<p>Vss. 5-6 – Various spacecraft have made use of solar shields or shades to reduce the heating effects of sunlight, such as the Skylab orbiting laboratory and the James Webb Space Telescope</p>	
<p>Body - Kinesthetic</p> <p>MWD</p> <p><i>Strengths Characteristics Expression</i></p>	<p>See <i>EYE smart</i> above</p>	<p>Vs. 3a - like the offensive line for a football team protecting the quarterback or kicker. Picture of same.</p> <p>Vs. 3b-5a – like a goalkeeper, ever vigilant to protect the house</p>	<p>Vss. 1-2 – Not sure where to put this. Here is a video (24 mins.) about 3 guys taking a hike from Jericho to Jerusalem through the wilderness. You get a sense of the harshness of the landscape, the providence that is there, too, and the inner struggle they have in continuing when it is so difficult and their joy when they see the end in sight. I put it here in BODY because of the strenuous walk that pushed their physical limits.</p>
<p>Musical</p> <p>D2</p> <p><i>Strengths Characteristics Expression</i></p>		<p>This psalm has a call and response: verses one and two start things off, and the rest of the psalm fills it out. It has the feature of someone beginning a chant or cheer. Think <i>stomp, stomp - CLAP!</i> <i>Stomp, stomp - CLAP!</i> <i>Stomp, stomp - CLAP!</i> Then, we all launch into Queen's <i>We Are the Champions</i>. At least, we try because really, who knows those lyrics? ;-)</p> <p>Beth Watson wrote a song "I Lift My Eyes to the</p>	<p>Pick a popular chant (what do we want? _____ when do we want it? NOW!) (what does ____ look like? THIS is what _____ looks like!) (2, 4, 6, 8, who do we appreciate? _____)</p> <p>And adapt this psalm to be a cheer!</p>

		Hills” for the book <i>New Music: Expressions in Youth Ministry</i> . The book is out of print which is unfortunate. I’m trying to chase down a link.... And totally NOT finding it.	
<p>Natural</p> <p>MWD</p> <p><i>Strengths</i> <i>Characteristics</i> <i>Expression</i></p>		<p>“Hills” or mountains are considered liminal places where one type of geography meets and blends with another. The ground of our usual dwelling meets with the feet of the mountains whose tops meet with the air. Other liminal places are where the ground meets water. The transition between one element to the other makes for a “thin place” (a Celtic term) where we can experience the ways creation breaks through our ordinary lives.</p> <p>Of course, this can be a violent break through as well - flooding, wind storms are a way those boundaries are crossed in destructive ways.</p>	Borrow some EYE smart and display some photographs of “hills” or other kinds of geography that draws the eye and makes one pause to give thanks.
<p>People - Interpersonal</p> <p><i>Strengths</i> <i>Characteristics</i> <i>Expression</i></p>			
<p>Self - Intrapersonal</p> <p><i>Strengths</i> <i>Characteristics</i> <i>Expression</i></p>			Have you ever had an experience of the “thin place” in a liminal area?